

RUN 2013 English

Organization

Ultraloop Foundation Winschoten in co-operation with athletic-club AQUILO, in association with the Royal Dutch Athletic Federation.

Start times on Saturday September 14th 2013

'Lutje RUN' **09.00 hrs**

100 km **10.00 hrs**

50 km **10.15 hrs**

10 x 10 relay **10.30 hrs**

Start

All starts will take place in Winschoten at the Mr. D.U. Stikkerlaan nearby the sports hall.

Finish and limits

100 km The finish will close on the 14th of September at 22.00 hrs. There is a 12 hour limit. After 20.50 hrs. athletes are not allowed to start the last lap.

50 km The finish will close on the 14th of September at 16.15 hrs. There is a 6 hour limit. Athletes that finish later then 16:15 hrs will not be ranked.

10 x 10 relay The finish will close on the 14th of September at 22.00 hrs. After 20.50 hrs. athletes are not allowed to start the last lap.

What's new in 2013

- Prize Money for 50 km
- New track

Track

The 2013 track is a new track, but remains a 10 km flat and traffic-free track wich leads through Winschoten and Heiligerlee. The track is officially measured by the Jones Counter and all records will therefore be accepted by the Royal Dutch Athletic Federation, EAA, IAU and IAAF. There is no possibility for wheelers and bikers to enter the race, because the RUN-track is not suitable for these groups. Bikers will be removed from the track.

Categories open race RUN 2013, individual entries.

The categories for the open 100 km race are: Men, M35, M40, M45, M50, M55, M60, M65+, Women, W35, W40, W45, W50, W55+.

The race-director, in consultation with the race-referee reserves the rights to change the categories if there are not enough competitors in any of the categories.

Dutch Championship 100 km

The race will only be open for athletes (men and women) with a KNAU competition-licence.

RUN 50 Km open race

The categories for the 50 K race are: Men, M35, M40, M45, M50, M55, M60 and M65+. Women, W35, W40, W45, W50 and W55+.

The race-director, in consultation with the race-referee reserves the rights to change the categories if there are not enough competitors in any of the categories.

RUN 10 x 10 Relay

The minimum age to compete is 16 years. A team consists out of a maximum of 10 and a minimum of 5 team members. A runner is allowed to run two laps, but there has to be a change of runners every 10 km. Mixed teams are allowed, except for teams that compete in the ladies team competition.

Relay categories: athletic clubs (all runners must be member of the same athletic club), sports clubs, ladies, business, services/ government and other teams.

For business teams it is allowed to ask a maximum of **three** guest-runners who are not employed by your company.

‘Lutje RUN’

‘Lutje RUN’ is a race over 500 m (0,5K), for children in the age group 5-6 years, 1000 m (1K), for children in the age group 7-12 years, 2000 m (2K), for children in the age group 13-15 years.

Time keeping (general)

For time keeping we will use a Mylaps Chip (formerly ChampionChip). This chip will register all 10 km times. Each competitor has to run with the chip.

Time-keeping 100 km and 50 km

Each competitor has to run with the chip. Rental chips are available with the organisation, in case you are not in the possession of a chip. You will receive this rental chip when collecting your race-number.

Time-keeping 10 x 10 Relay

Each team must have two chips. Rental chips are available with the organisation. You will receive this rental chip when collecting your race-number. The chips must be returned after the race to the organisation.

Time-keeping ‘Lutje RUN’

When you pick up your start number you will receive the chip. After the finish of the race the chip must be returned to the organization.

Registration (general)

You can register on the website <http://www.runwinschoten.nl> **Entries after the 5th of September 2013 will not be accepted.**

Registration 100 km and 50 km

Competitors need to be born in 1993 or earlier.

For the category “Men” and “Women” the category you will start in will be defined by your year of birth. For the World Masters Athletics Championships 100KM your age (on the 14th of September) will define your starting category.

Registration 10 x 10 Relay

The minimum age to compete is 16 years. A team consists out of a maximum of 10 and a minimum of 5 team members. A runner is allowed to run two laps, but there has to be a change of runners every 10 km. Mixed teams are allowed, except for teams that compete in the ladies team competition.

Registration ‘Lutje RUN’

The ‘Lutje RUN’ is an individual 0,5K race for boys and girls of 5 and 6 years.

The 1K ‘Lutje RUN’ is an individual 2K race for boys and girls

Categories (boys and girls):

- 7 years
- 8 years
- 9/10 years
- 11/12 years

The 2K ‘Lutje RUN’ is an individual 2K race for boys and girls

Categories (boys and girls):

- 13
- 14/15

Enrollment and entry-fee (general)

When you enroll via the website you can give us an authorization (not applicable when you use a bank account in any other country then the Netherlands). Otherwise the enrollment fee needs to be payed in front on our bankaccount 3516.10.140 RABO-bank under the name of Stichting Ultraloop Winschoten. For the transfer from abroad the following information has to be used: IBAN: NL53 RABO 0351 7101 40 , BIC: RABONL2U. Please refer to your startnumber (if known) and/or the name used at enrollment and category (100km, 50km, 10x10 km or ‘Lutje RUN’). Your enrollment will be confirmed through a letter or an email.

Summary entry-fees

Entry fees **100 km 50 km 10 x 10 km Lutje RUN 0,5 km Lutje RUN 1 and 2 km**
Members Nat. Athletic Federation € 36,00 € 24,00 € 00,00 € 3,00 € 4,50 (incl.chip)
Other athletes/teams € 45,00 € 30,00 € 125,00 € 300€ 4,50 (incl.chip)
Rental chip (s) € 4,00 € 4,00 € 8,00

Results

After the race you can find the results on our website <http://www.runwischoten.nl>.

Souvenir / prizes 100 km

Each participant will receive a RUN souvenir. For the winners of RUN 2013 there will be cups and prize-money (men 1-5, women 1-3). For the winners in the categories M, M40, M50, M60, W, W40 and W50 there will be cups and a prize. For the Dutch Championships there will be medals. Every competitor who has run at least 50 km can download or print a certificate from our website after the results have been published.

Souvenir / Prizes 50 km

Each participant will receive a RUN souvenir. For the winners of RUN 2013 there will be cups and prize-money (men/women 1-3). For the winners in the categories M, M40, M50, M60, W, W40 and W50 there will be cups and a prize. All athletes who finish within six hours can download or print a certificate from our website after the results have been published.

Souvenir / Prizes 10 x 10 Relay

Each participant will receive a RUN souvenir. There will be a cup for the overall winning team. The first three teams of the following categories also receive a cup: athletic-clubs, ladies, sports-clubs, business, services/government and other teams.

Souvenir / Prizes 1K / 2K 'Lutje RUN'

All runners will receive a RUN souvenir. There will be cups for the first three finishers in all categories.

Accommodation (general)

On request we can send you a list of accommodations in the region. More information can also be found on the website of the tourist office <http://www.oldambt.groningen.nl/overnachten-in-oldambt>.

Accommodation (only for the 100 and 50 km)

Due to a change in safety rules it is not possible to sleep at the sports hall anymore. For participants in the 100 and 50 km we have the possibility to stay at host-families (please make a note on the entry-form if you want to use this facility). First comes, first served..

Any questions?

A lot of information you will find on: <http://www.runwischoten.nl>

Questions about all different races: racedirector@runwischoten.nl

General information by e-mail: info@runwischoten.nl.

RUN-winners

Men Women

1976 Hans van Kasteren (NED) 6.45.48 Anne Marie Hantke (GER) 12.53.15
1977 Kasper Berg (NOR) 6.35.06 Riet Horber (SUI) 9.49.10
1978 Mike Newton (GBR) 6.43.16 Riet Horber (SUI) 8.59.40
1979 Uwe Schüder (GER) 6.46.27 Riet Horber (SUI) 8.54.19
1980 Martin John Daykin (GBR) 6.35.05 Riet Horber (SUI) 8.41.16
1981 Martin John Daykin (GBR) 6.46.03 Waltraut Bayer (GER) 8.57.02
1982 Martin John Daykin, (GBR) 6.39.08 Riet Horber (SUI) 9.27.24
1983 Henk Bronswijk (NED) 6.51.18 Marieke Bestebreuer (NED) 9.30.33
1984 Henk Bronswijk (NED) 6.49.11 Riet Horber (SUI) 8.05.30
1985 Vaclav Kamenik (CZE) 6.38.40 Sandra Kiddy (CAN) 8.05.30
1986 Jan Szumiec (POL) 6.17.59 Riet Horber (SUI) 8.34.40

1987 Bruno Joppen (NED) 6.49.06 Agnes Eberle (SUI) 8.17.36
1988 Wim Akkermans (NED) 6.53.49 Elzbieta Czerniak (POL) 9.54.04
1989 Bruno Joppen (NED) 6.39.35 Riet Horber (SUI) 8.53.10
1990 Jan Szumiec (POL) 6.50.42 Riet Horber (SUI) 8.44.33
1991 Konstantin Santalov (RUS) 6.26.20 Sylvia Watson (GBR) 8.24.05
1992 Jean Paul Praet (BEL) **6.16.41** Hilary Walker (GBR) 7.55.12
1993 Konstantin Santalov (RUS) 6.25.52 Martha Vass (HUN) 7.43.06
1994 Jaroslav Janicki (POL) 6.33.43 Valentina Liakhova (RUS) 7.36.39
1995 Valmir Nunez (BRA) 6.18.11 Ann Trason (USA) 7.00.47
1996 Andrzej Magier (POL) 6.43.09 Martha Vass (HUN) 8.27.52
1997 Sergiy Yanenko (UKR) 6.25.25 Valentina Liakhova (RUS) 7.30.37
1998 Andrzej Magier (POL) 6.59.50 Edit Berces (HUN) 7.45.07
1999 Pascal Fetizon (FRA) 6.39.16 Elvira Kolpakova (RUS) 7.33.39
2000 Pascal Fetizon (FRA) 6.23.15 Edit Berces (HUN) 7.25.21
2001 Vladimir Netreba (RUS) 6.45.43 Ricarda Botzon (GER) 7.31.55
2002 Pascal Fetizon (FRA) 6.34.16 Elvira Kolpakova (RUS) 7.24.52
2003 Andrzej Magier (POL) 6.58.32 Inez Jaquemart (BEL) 9.13.07
2004 Mario Ardemagni (ITA) 6.18.24 Tatiana Zhyrkova (RUS) 7.10.32
2005 Oleg Kharitonov (RUS) 6.30.31 Monica Casiraghi (ITA) 7.53.25
2006 Oliver Leu (GER) 7.31.30 Maria Bak (GER) 7.35.28
2007 Shinichi Watanabe (JPN) 6.23.21 Norimi Sakurai (JPN) **7.00.27**
2008 Daniël Oralek (CZE) 7.00.20 Birgit Schönherr-Hölscher (GER) 7.57.26
2009 Jaroslav Janicki (POL) 6.53.59 Anne Cécile Fontaine (FRA) 8.20.31
2010 Daniël Oralek (CZE) 7.11.27 Léonie van den Haak (NED) 9.29.52
2011 Giorgio Calcaterra, (ITA) 6.27.32 Marina Bychkova, (RUS) 7.27.19
2012 Daniel Oralek (CZE) 7.07.46 Heidi Janssens (BEL) 9.33.51

Winner Overall Marathon Men Winner Overall Marathon Women

2002 Wim Ogink (NED) **2.45.47** Ingrid IJsebaert (NED) **3.19.33**
2003 Carel Opten (NED) 2.50.39 Elzbieta Czerniak (POL) 3.43.47
2004 Hiromischi Nose (JPN) 2.59.39 Ineke Scheffer (NED) 4.20.28
2005 Kevin Harris (GBR) 2.49.20 Janneke Nienhuis-Koetje (NED) 4.31.36

Winner Overall 50 km Men Winner Overall 50 km Women

2006 Dzmitry Bula (BLR) 3.06.52 Zelah Morrall (GBR) **3.31.19**
2007 Ferenc Biri (HUN) 3.07.56 Lieskina Brouwer (NED) 4.11.19
2008 Andrey Ivanov (RUS) **3.06.35** Vilma Podmelova (CZE) 4.10.41
2009 Chris Cauwels (BEL) 3.16.26 Simone Stöppler (GER) 4.06.47
2010 Mark Papanikitas (BEL) 3.18.38 Petra Domhof (NED) 4.20.55
2011 Oskar de Kuijer (NED) 3.13.04 Anne-Marie Dupont (BEL) 4.06.15
2012 Wouter Decock (BEL) 3.38.48 Simone Stöppler (GER) 4.13.09

10 x 10 km Relay

Winners Overall Men Winners Overall Women

1991 AV 34-1 5.42.40 Aquilo 8.26.25
1992 Runner Hardloop Centrum 5.38.18 Argo 77 7.45.38
1993 Runner Hardloop Centrum **5.35.21** GVAV Rapiditas 7.43.30
1994 GVAV Rapiditas 5.50.26 Lionitas **6.56.10**
1995 Russia Athletic Federation 5.44.59 Emders Lauf Gemeinschaft 8.05.01
1996 Partnerschaft Haren/Ems 5.59.43 Emders Lauf Gemeinschaft 8.08.30
1997 Russia Athletic Federation 5.47.59 Emders Lauf Gemeinschaft 8.11.31
1998 Quicktrans Int. Sneltransport 6.02.20 AV Veluwe 7.54.05
1999 Quicktrans Int. Sneltransport 5.45.25 TUS Nordeney 8.12.03
2000 Quicktrans Int. Sneltransport 5.39.15 Veendam ATC 75 Comb 7.42.21
2001 HAC '63 6.07.44 EAC de Sperwers Emmen 8.37.20
2002 HAC '63 6.01.18 Nissan Geerts AV Fivelstreek 8.24.22
2003 Runner Groningen 5.37.23 AV Daventria Dames Deventer 8.02.26
2004 Run2Day Groningen/Assen 5.45.36 AV Aquilo Winschoten 7.56.04
2005 Run2Day Groningen/Assen 5.50.34 TV Norden Damen 8.16.06
2006 Run2Day Groningen/Assen 5.48.16 AV Aquilo Dames 7.52.08

2007 Runner Hardloopcentrum 5.39.42 Run2Day 7.09.02
2008 Team Sussex 5.43.06 AV Daventria Deventer 7:37:39
2009 Runnersworld Groningen 5.40.32 AV Daventria I, Deventer 7.26.02
2010 Runnersworld Groningen 5.46.08 AV Aquilo dames I 8.05.50
2011 Bramsterdammers 5.38.37 Oudman Ladies Runners 8.12.10
2012 Runnersworld Groningen 5.45.42 Klok Sportinn 7.37.49