The Regulation on holding the XXVIX White Nights International Marathon

The XXVIX White Nights International Marathon is held with the aim of promotion healthy life-style, introduction regular physical trainings and sports to people, further development of friendly international relations in sports and tourism, and identification the strongest marathoners of St. Petersburg.

The Marathon is held on the 22nd of July 2018 in St. Petersburg. Start is at 8 o'clock.

Start and finish of the Marathon will be at Dvortsovaya Square. The Marathon route is laid in one lap along the embankments, avenues and streets in the centre of St. Petersburg, along the well-known architectural and historical monuments.

Marathon run routes:

-42 km 195 m

DVORTSOVAYA SQUARE – Admiraltejsky Prospect – Dekabristov passage – Anglijskaya Embankment – Blagoveschenskii Bridge - Tresini Square -University Embankment – Birzhevaya Square – Makarova Embankment - Tuchkov Bridge – Tuchkov damba street -Dobrolubova Prospect – Mitninskaya Embankment- Kronverkskiy Embankment – Kuibisheva street -Troizkaya square- Petrovskaya Embankment – Petrogradskaya Embankment - Aptekarskaya Embankment - Professor Popov Street – Pesochnaya Embankment – Molodezniy Bridge – Bolshoy Krestovskiy Bridge – Petrogradskaya Street – Morskoy Avenue- Rukhina Street - Turn- Uznaya road- Bolshoy Petrovsky Bridge - Savina Street-Petrovskaya Square – Petrovskiy Prospekt- Kadetskiy Bridge- Zhdanovskaya Embankment – Zhdanovskava Street- Dobrolubova Prospect – Mitnenskava Embankment- Birzhevov Bridge – Birzhevava Square - Dvortsovy Bridge - Admiralteiskaya Embankment- Anglijskaya Embankment - Novo-Admiralteiskiy canal Embankment- Khrapovitskiy Bridge- Moika Embankment- Pryazhka River Embankment- Myasnay Street – Griboedova canal Embankment- Malo-Kalinkin Bridge - Fontanka River Embankment – Anichkov Bridge- Nevsky Prospekt – Vostaniya Square- Nevsky Prospekt - Alexander Nevsky Square – Ambarnaya Street- Sinopskaya Embankment - Smolnaya Embankment - Robespierre Embankment – Kutuzova Embankment – Dvortsovaya Embankment – Dvortsovy passage – **DVORTSOVAYA SQUARE.**

-10 km

DVORTSOVAYA SQUARE- Admiraltejsky Prospect – Dekabristov passage – Anglijskaya Embankment – Blagoveschenskii Bridge - Tresini Square -University Embankment - Birzhevaya Square - Makarova Embankment - Tuchkov Bridge – Tuchkov damba street -Dobrolubova Prospect – Kronverksky Embankment –Troizkaya square – Kamennoostrovskiy Prospekt- Troitskiy Bridge- Dvortsovaya Embankment – Dvortsovy passage – **DVORTSOVAYA SQUARE.**

Competition management.

The Marathon is organized and held:

The Committee of Physical culture and sports of the government of Saint Petersburg. ROO "Saint Petersburg Athletic Federation" "Eurosport" Ltd.

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Marathon Run Director: Mikhail Kochetkov Marathon Chief Referee: Anton Uik, Judge Marathon Chief Secretary: Irina Pautova, Judge

Participants and Program

Competitions for men and women are held on distances:

- 42 km 195 m
- 10 km.

The Marathon participant can become men and women born in 1998 and older. Men and women born in 2003 and older are allowed running 10km.

Saint Petersburg open marathon running championship is held in the marathon program. The winners and awardees among the men and women will be reward with the medals and diplomas of the Committee of Physical culture and sports. The winners will be horned the title "Saint Petersburg marathon Champion".

LIMITS OF THE MARATHON PARTICIPANTS:

42 km 195 m - 6000 participants

10 km - 7000 participants

LIMIT OF TRACKS - 6 hours. The participant who doesn't keep within the established standards must stop the running and take off the start number by request of the panel of judges. The intermediate limits: point 6 km - 1 hour, point 30 km - 4 hours and 15 minutes.

Awards:

Cash prizes and diplomas instituted by the Saint-Petersburg Athletics Federation are awarded to: 42 km 195 m distance

Men ranking from the1st to the 8th and women ranking from the 1st to the 8th place (absolute championship), as well as men and women from the 1st to the 3rd place in their age groups:

MEN	WOMEN	
M-20 (1998-1996)	W-20 (1998-1996)	
M-40 (1978-1974)	W-40 (1978-1974)	
M-45 (1973-1969)	W-45 (1973-1969)	
M-50 (1968-1964)	W-50 (1968-1964)	
M-55 (1963-1959)	W-55 (1963-1959)	
M-60 (1958-1954)	W-60 (1958-1954)	
M-65 (1953-1949)	W-65 (1953-1949)	
M-70 (1948 and older)	W-70 (1948 and older)	

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10 km distance.

Men and women ranking form the 1st to the 3rd place (absolute championship), as well as men, women, and juveniles from the 1st to the 3rd place in the age groups as follows:

MEN	WOMEN		
M-18 (1999-2003)	W-18 (1999-2003)		
M-75 (1943-1939)	W-75 (1943-1939)		
M-80 (1938 and older)	W-80 (1938 and older)		

The Awarding ceremony of the winners and awardees of the distance 10 km and 42 km 195 m in the absolute championship will be on the stage on Dvortsovaya Square (approximately at 11 and 13 o'clock).

The Awarding ceremony of the winners and awardees of age grading will be on the 22nd of July on the stage on Dvortsovaya Square and will start at 12 o'clock after the finish.

Disabled sportspeople are awarded under a special Provision (vision A and B, wheel chairs, amputations)

Personal competition

The sportsmen and missions respond for the charge of marathon participation

ENTRANCE FEE

Prices	until February 1st 2017	until May 1st 2017	after May 1st 2017
Marathon for Russian Federation citizens	1400 rubles	1700 rubles	2000 rubles
Marathon for foreigners	40 euro*	45 euro*	50 euro*
10km for Russian Federation citizens	800 rubles	1000 rubles	1300 rubles
10 km for foreigners	15 euro*	20 euro*	25 euro*
veterans WWII Leningrad sedge residents	FREE		

^{*} Payment in rubles at the fix CBR exchange rate on the opening online registration date. If the CBR exchange rates will be change more than 15%, the payment be change in proportion

^{**}If the payment isn't made for 5 days the application will be move away











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Online registration will be open from the 1st December 2017 until the 8th July 2018 on Russiarunning.com Online registration can be close early on reaching the limit. The fees are not refunded.

Attention! Delegate participation and change the distance are able till 23:59:59 31.05.2018. In case of the registration of the participant to the distance with less registration fee the difference won't be refunded. In case of the re-registration of the participant to the distance with bigger registration fee the participant has to make an additional payment. Without the full payment your registration will be nullified.

RACE NUMBER PICK-UP and participant registration (if there are places after online registration) will be: Zimniy Stadium, Manezhnaya ploshchad, 2, the entrance from the Klenovaya street, metro station "Gostinnyi Dvor" and "Nevskiy Prospekt"

July 20 from 12:00 till 20:00 July 21 from 10:00 till 19:00

The race number will not be given on the start day on the 22nd of July and there will not be any participant registration.

To get the start number you must have a passport, a doctor's permit (not over 6 month) on the day of the marathon. There is nothing requested for the foreign participants.

The starting package includes BIB number, T-shirt, info.

Start of marathon and 10 km will be at 8 a.m. from two parallel 8m wide corridors by times clusters. Refresh zones will be on 5, 10, 15, 20, 25, 30, 35, 42 km and the finish.

Video and Photo of the marathon. In according to the federal law N 329 FZ from 04.12.2007 "On Physical culture and sports in Russian Federation" all rights on the marathon are residing to the organizers by video and photo. A person who wants to take photos or video of the marathon must pass the accreditation at press- attaché of the marathon. Using video and photos in commerce cab be only with writing permission of the organizers.

Organizing Committee Address:

191186 Russia, St. Petersburg, 22 Millionaya Street Saint Petersburg Administrations Office Committee for Physical and Sport, "WHITE NIGHTS" MARATHON

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