



„KERNAVĖ - VILNIUS“

Ultra Trail

2019-06-15

RULES

Organisers

“OSK Perkūnas”, “S-Sportas“

Date

2019.06.15

Event centre

[Vingis Park, Vilnius.](#)

Info

kernavetrail.run , kernavetrail@gmail.com

Start times

82 km – 8.00 h, **42 km** - 11.00 h, **10 km** – 13.00 h

Participants

Every participant takes full responsibility for his/her health condition and must be physically prepared to complete the chosen distance. They must verify it with signature upon receiving race bib. Parents, trainers or legal guardians are responsible for participants under the age of 18.

By registering to the race participants agree that race results (including person`s name, family name, club and age) will be published on the event website kernavetrail.lt and dbsportas.lt as well as all photos or videos from the event can be freely used by the organizers for marketing purposes.

Team classification of best three runners (one per each course 10-42-82K) will also be counted.

Routes and age groups

Route	Altitude gain	Time barrier	I-TRA classification
82 km	1 800 m	13 h	3 endurance pts., 2 mountain lvl.
42 km	900 m	8 h	2 endurance pts., 2 mountain lvl.
10 km	300 m	3 h	-----



Age	10 km	42 km	82 km
15 or under	+	—	—
16 and over (year 2002 or older)	+	+	—
18 and over (year 2000 or older)	+	+	+



Registration

Registration is done via internet until 2019.06.09 – <https://dbsportas.lt/en/>

After final deadline registration can be done only with exceptions. Contact info@kernavetrail.run

Start packages can be picked up at Ateities g. 33, sports shop MARATONAS, June 13-14 d., 14.00-19.00 h, or at the event centre on the competition day (from 06.00 h).

Enrolment fees

	Early bird	Low Fee	Standard fee***	High fee	Post deadline registration
Distance	- 01.01	01.02-03.01	03.02-05.15	05.16-06.09	06.10 - event day
82 km	35 €*	45€*	55€*	65€**	80 €
42 km	25 €**	30€**	35€**	40€	50 €
10 km	10 €	10€	15€	15€	20 €

* Includes special design Compressport event T-shirt

** Includes special design Compressport event headband

*** Before “Standard fee” deadline 82km and 42km runners can order a personal GPS tracker for additional 8€ . It will allow to follow the progress live online and watch the replay afterwards. Gps reservation can be done during registration process.

Amount paid must match the enrolment fees rate for transactions day.

Enrolment fees are not refundable and cannot be transferred to other participants. If you want to change your distance to a longer one after you have already made the payment, you have to pay the fees difference.

Refreshment posts

82 km – 5 posts

42 km – 2 posts

10 km – no refreshment in track

Refreshment points will include: water, soda, energy drinks, fruit (bananas, oranges), potato chips

Event programme

Participants will be taken to the start points by buses, hired by organizers. Buses departure time will be announced later with the additional information. These buses will also bring your personal belongings, warm up clothes, etc. back to the event centre (finish).

Event organizers does not take responsibility in case of theft or loss of any valuable belongings.

Electronic timing system will be used for accurate and fast results timing. Every participant is responsible for proper installation of the timing chip.

Participant must follow the marked route all the way from start to finish. Taking any shortcuts is not allowed. Participant disobeying this rule will be disqualified.

Marking

82-K and 42-K routes will be marked with red arrows and red /white marking tape, 10-K route will be marked with blue arrows and marking tape .



Awards

First 3 places in each group will be awarded with prizes and souvenirs.

Finish

Finish time is recorded when crossing the finish line. After participant crosses the finish line he must return the timing transponder (chip).

Preliminary results are published at the event centre and online.

Live split times from refreshment points will be available online as well.

Safety regulations

Participant must always obey orders of the course judges.

Participant might only use his own name when registering for the event. Transferring number to other people is not allowed.

Every participant must attach his number in a clearly visible place and show it to race official if asked to.

Any use of transportation as well as personal escort is forbidden.

Event organizers do not guaranty a ride to the finish if participant decides to quit the race elsewhere than the refreshment point. In case of injury participant must inform organizers and emergency services.

Participants should respect their opponents and help them in case of emergency.

Most of the race course goes through "Neris Regional Park" so littering (throwing away packing of used gels, bars etc.) is strictly forbidden. You must leave all the empty packages at the refreshment points or carry them with you to the finish.

Contact phones in case of emergency: +370 693 37910; 112

If for any reason participant cannot complete the chosen distance and withdraws from the race, he must inform event organizers.

Mandatory gear

82km and 42km distance runners must carry a cell phone and a fluid container of at least 500ml (though 1 liter or more is advised) . There is no other obligatory equipment but it is highly recommended to have some nutrition to be taken in between the aid stations as well as some protection from the sun.